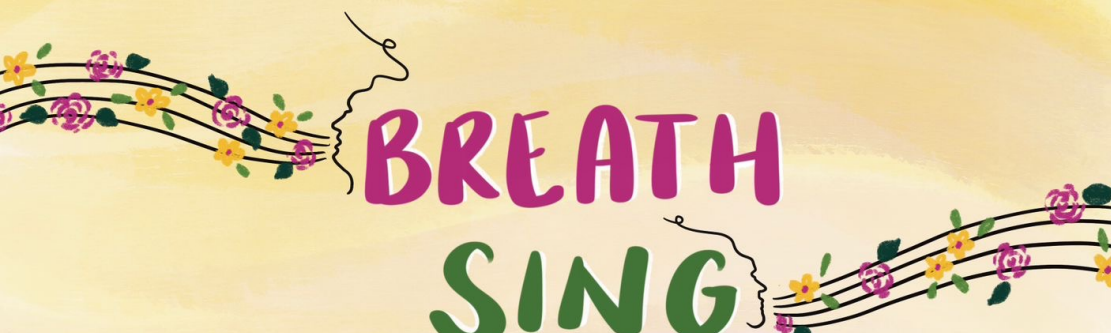




BREATH SING SOULFUL Retreat

SMALL CHOIR 8-12

COST:

On-Site Sleeping:

Double Room, Single Occupancy.
3 nights, full board, all activities included.
£740 per person.

Twin/Double Room, Double Occupancy.
3 nights, full board, all activities included.
£520 per person.

Off-Site Sleeping:

Single/double Room, Single Occupancy.
3 nights, full board, all activities included.
£570 per person.

Twin/Double Room, Double Occupancy
3 nights, full board, all activities included.
£420 per person.

Session 1

Friday - Monday

Session 2

Monday - Thursday

Discounts available for:

Monday - Thursday (10% discount)
Full week Retreat (20% discount)

Minimum singers 16.

LOCATION

Great Bidlake Manor
Bridestowe
Devon.

20% of profits to go directly to
ChoirBLAST
Charity No. 1210483



DAY ONE - Arrive

5pm - Arrival

Get comfortable in your rooms.
Explore the space.

6pm - 7.45pm Repertoire

- Warm-up
- Learn 2 songs in a large group.

8pm - Dinner

10pm - Free Time.

DAY TWO - Finding Your Voices

7.15am Morning Breath Work - Optional.
Move and Stretch, Breath and be.

8am-9am Breakfast
Breakfast buffet. Tea and Coffee; Fruit, toast, pastries.

**9.30am-12pm Octet Speed Singing
Work in Octets.**
Group Warm Up.
Quartet Speed singing.
Groups chosen.

12-2pm Lunch and Free Time
Lunch Spread; Tea and Coffee. Free Practice options.

2-4pm Repertoire
Learning 2 more songs in smaller groups.
Choose repertoire within groups.
Practice and learn.

4-5.30pm Free Time and Optional Practice
Cake; Tea and Coffee. Free Practice options.

5.30-7.30pm Technique and Style.
Dynamics. Texture/Style. Listening Techniques.
Improvisation during a piece.
Breath Support.
Perform to others groups. Feedback.

8pm - Dinner

DAY THREE - Hone Your Craft & Perform

8am Morning Breath Work - Optional.
Move and Stretch, Breath and be.

8.30am-10am Breakfast
Breakfast buffet. Tea and Coffee; Fruit, toast, pastries.

10.30am-12.30pm Supervised Practice
Supervised practice session.
Performance skills.

12.30-2.30pm Lunch and Free Time
Lunch Bags; Free Practice options.

2.30-4.30pm Balance, Blend, Buff
Balance & blend.
Leaders & Followers, and how to change mid song.
Repertoire Choice.
Support, achieving the best.
Perform to others. Feedback.

4-5.30pm Free Time and Practice

5.30-7pm Performance Skills
Dynamics. Texture/Style. Listening Techniques.
Improvisation during a piece.
Posture, positioning.
Breath Support. Staggered & group breathing.
Perform to others. Feedback.

7pm - Light Dinner

8-9pm Practice Sessions

9-10.30pm Performance
Perform in your small groups.

DAY FOUR - Departure

7am Sunrise Sing - Optional.
- Sing to the sunrise.

7.15am Morning Breath Work - Optional.
Move and Stretch, Breath and be.

8am-9am Breakfast
Breakfast buffet. Tea and Coffee; Fruit, toast, pastries.

9.30am Depart house

